Saganaki





Jim - 4 Guys and a Tomato

Event: Bainbridge Island Spouses and Guests, August 16, 2025

Inspired by: Various YouTube Videos

I love this melted cheese appetizer, which is made by frying a hard Greek sheep or goat cheese. We make the presentation fun by adding a half shot of a high-proof liquor such as brandy or Greek ouzo. When ignited, everyone yells "**Opa**!"

In Greek, Opa is an exclamation of shook or surprise. It commonly means Oops or Whoops.





Ingredients: (makes 3 slices)

Artisan Bread (I used an olive focaccia)

1 200 gr Kefalotyri
Water

4 C AP Flour
Olive Oil
Coz Brandy
Lemon, halved

1 T Fresh Oregano or Parsley, chopped

Directions:

- 1. Brush bread with olive oil and grill; cut bread slices into smaller pieces sized appropriately for spreading the melted cheese by your guests
- 2. Slice the cheese into approximately ½" pieces
- 3. Wet the cheese with water and lightly dust with flour
- 4. Coat a hot pan with olive oil; add the cheese; reduce the heat to medium
- 5. Turn the cheese when it starts to melt and has formed a golden-brown crust (approximately 2 minutes). Note that the surface of some cheeses will clump when turned; just move the layer with your spatula to form a more even crust.
- 6. Turn off the heat and cook until the rest of the cheese starts to melt (approximately 30 seconds)
- 7. Pour about half a shot into each pan and ignite
- 8. Squeeze the lemon over the pan to extinguish the fames
- 9. Garnish with chopped oregano

Cheese options include: Graviera, Kasseri, Kefalograviera, Kefalotyri. Other cheeses such as a firm feta or Halloumi can be used, although they do not melt as well